

Report to Twinning Committee 2 October 2008.

Since our last Twinning Committee Meeting on 5 June our activities and events have been well recorded in our Kontakt Newsletter, August 2008, to which we added as a Stop Press item a brief report on the **2008 European Youth Exchange** hosted by the City of Koblenz and organised by Barbara Theis, vice-chairman of the Norwich-Koblenz Freundschaftskreis. Frances Codling again lead the Norwich party, and we hope to welcome them in due course to give a report to us. We would be delighted to enrol them as members of the NNKFA!

The **Jubilate Deo Choir from Winnigen and the Koblenz Region** gave concerts in Norwich and Cromer at the end of July, which were of a high quality. We were grateful that they could be received by the Lord Mayor, Councillor Jeremy Hook, (They sang an impromptu short concert in the Council Chamber), who also attended the concert at St. Georges. We are very grateful to the Twinning Committee for the grant of £100 towards expenses.

In Norwich they sang at Holy Trinity Church in a concert arranged by the Rotary Club of Norwich in aid of Quidenham Childrens Hospice, in the Cathedral and at St. George's, Colegate.

The Choir were very complimentary about their accommodation in the Guest Suite at the UEA and the Red Lion, at Eaton, where the Coach could be parked.

Koblenz – Norwich Partner Blick Photographic Exhibition

Following the 'Twin Lens' Photograph Exhibition at the Forum a similar exhibition will be opened in Koblenz on 2 October and Alan Taylor (NNKFA and NDFS member) will be present. The photographs were taken to Koblenz by the coach, from Winnigen, which brought the Jubilate Deo Choir to Norwich.

The NNKFA 28 Annual Lunch was held at Park Farm Hotel on Sunday 21 September. We put a special emphasis on Spatial Metro in Koblenz and Norwich, and distributed the German Language edition of the summary report on the work carried out in Spatial Metro, which was partly funded by the EU.

Following the 'Inner City' publication with a front page feature 'Club Together with Twin Cities', we had an immediate response with an email request looking for 5-a-side football team looking for a similar team in Koblenz. Paul Dennis, who teaches in Lahnstein next to Koblenz, comes from Norwich, and is a Norwich City football fan, is looking for an interested team in Koblenz.

Student Exchanges

Charlotte Knopp from Koblenz and Sandra Fries from Winnigen, have both had successful work experience stays in Norwich. NNKFA chairman Jill Noble kindly provided accommodation, when Southwell Lodge proved unsuitable.

We have a further request for English Language studies for a Koblenz Student (15) in 2009, and I am in touch with ICE, Pottergate.

Our next regular annual event is our Traditional Advent Evening at The Great Hospital on Monday 1 December.

Our AGM and Social will be held on Friday 13 February at County Hall.

A Visit to Koblenz is proposed for 24 to 29 September 2009.

The DUaM weekly German conversation group continues to be well attended (Wednesdays at Mosel, 53a Keswick Road, Cringleford).

Our membership is 166 (July 2009) with 10 ex Officio members.

Waltraud Jarrold
22/09/2008

KONTAKT NEWSLETTER

AUGUST 2008

NORFOLK & NORWICH / KOBLENZ FRIENDSHIP ASSOCIATION



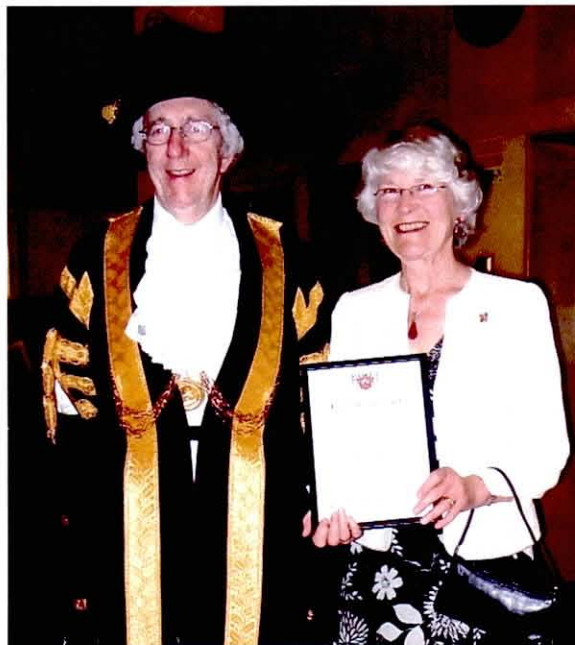
WELCOME TO OUR SECOND NEWSLETTER OF 2008

NNKFA Chairman, Jill Noble, recognised by Civic Award

We were delighted to learn that our Chair, Jill Noble, had received the Civic Award for voluntary service. We congratulate Jill on this notable achievement.

Jill's conspicuous contribution towards community life in Norwich has not been confined to one area. Though most of our members will appreciate that she has been our resourceful and resilient chairperson since year 2000, she has meanwhile been active and effective in several other local organisations. In our own organisation, mention was made of her valuable leadership, including her willingness to open her home freely to European visitors, providing unselfish hospitality sometimes for a month or more.

Elsewhere and for twelve years, she has been an energetic force in the local committee of the Norfolk and Norwich branch of "Feed the Minds". This charity aims to overcome illiteracy and her commitment to their annual fundraising Book-Fair has been outstanding.



Jill receives her civic award from the then Lord Mayor, Councillor Roy Blower

For ten years, she has also been a faithful and positive committee member of the Norfolk and Norwich Meningitis Community Help Group. Her enthusiasm in fundraising for this charity has been exceptional

Following a long spell as a volunteer helping with refreshments at the Cathedral, Jill transferred her support to a similar venture at the "Forget-me-not" café at St. Michael at Plea church. For several years, this worthwhile operation generously served all visitors to the centre.

The Lord Mayor presented Jill's award in the recently refurbished Council Chamber at City Hall. There is a proper sense of dignity and occasion when events of this kind are carried out at this location. Perhaps the Art Deco features of the building help to create the right atmosphere. Certainly Jill felt the tingle.

As the nomination explained, "this catalogue of Jill's roles helps to illustrate Jill's contribution to Norwich life, but fails to convey her generosity of spirit. She certainly deserves the public recognition, which a Civic Award does bring."

Pleasingly, Jill's daughter was able to travel from York for the occasion and her son Richard was also able to be present. As the family photographer, he took a number of shots - one of which we show.

(article contributed by Chris Southgate)



Our Visit to Framlingham and Cruise on the River Deben on Saturday, 21st June 2008



Midsummer's day but another greyish wettish dawn when the curtains are drawn. But we set off, determined to travel hopefully and confident that all would be well, as NNKFA members do.

The drive down to Framlingham was surprisingly enjoyable, travelling as we did down minor Suffolk roads with the pleasure that only a coach affords of being sufficiently high up to pry over people's hedges and to see houses and gardens and scenes that are normally hidden. The skies were just as grey in Framlingham as in Norwich, but the towering bulk of the castle built by Roger Bigod, Earl of Norfolk, in the 12th century reminded us that there have been many

grimmer days in Framlingham. Those ensconced in the castle, when first a prison and later a poorhouse, were not so fortunate to be relieved by the really very pleasant lunch in the adjacent Castle pub we enjoyed after our visit.

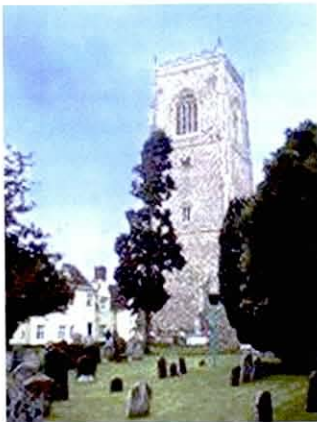
The castle itself today preserves the best of appearances and artefacts of its sometimes turbulent past, not least as the launching pad for Queen Mary's successful bid for the throne in 1553. The exhibits in the Poorhouse and Lanman museum which nestle inside its walls paint a compelling picture of life in and around Framlingham in earlier centuries.



continued on next page

It was not a day though for walking the walls (at least, not for me) and taking a view over the Framlingham countryside as it is today.

But the pleasures of Framlingham are not confined to its castle. The market place still has a medieval sense of being the centre of activities and the surrounding shops show a welcome reluctance to turn themselves into thoroughly modern malls. And words cannot describe the joy of finding an ironmongers where one can buy an infinite variety of bits and pieces, many without packaging!



St Michael's church too seems to remain central to life in Framlingham, and not just because of its location. There is much evidence of social as well as religious activities. It is dominated inside by tombs of the Howard family, who took it under their wing following the dissolution of the monasteries in the 1530's, and the destruction of their mausoleum which had previously been at Thetford Priory. One of the curiosities in the church is the funerary helm of the second Howard Duke of Norfolk, who led Henry's troops to victory against the Scots at Flodden in 1513. It's not easy to find (clue: cast your eyes up to heaven).

After lunch we departed for Waldringfield on the river Deben close to Felixstowe. For those of us who like to keep our feet dry this was unknown territory, but the river down to Woodbridge was the centre of many manufacturing and mercantile activities from the 10th century onwards. Our boat pilot and guide had an endless stream of anecdotes about almost every feature that we passed on the trip down to Woodbridge and back. One that he didn't tell but which has some echoes relevant today is that the churchyard of St. Mary's in Woodbridge became centre of business, and in 1583 because of the volume of trade and the proximity of many inns, a urinal was built against the west wall of the church. Some problems are common to all ages!

The pleasure of the trip was enhanced by the freshly prepared afternoon tea that we were served on the boat. In fact it was more than expected for a tea, being so filling that we didn't need to eat again when we got home. And not only our stomachs were filled. Our attentions were so occupied by the shared pleasure of meeting again with members of the association, by our shared delight in the fascinating places and objects that we had the opportunity to see and the tales that we were told, that any thought of grey skies was completely squeezed out.

A fine midsummer's day it was after all.

(article contributed by Michael Salt)

[illegible]

★ **Christa Wood** organised yet another splendid outing for us, and, thanks to her
★ planning, it was a great success.

★ Sadly, Christa was unwell and had been in hospital so she herself was unable to be with
★ us. But even from her hospital bed she was making sure that all the relevant details were
★ handed over for the smooth running of the outing.

★ I know, that I speak for everybody when I say

☆ A very **BIG THANK YOU** to Chrísta!

★ for all the planning and organising she carries out so diligently behind the scenes.

★ I am delighted to report that Christa is making a steady recovery.



The 30th Anniversary
of the Twinning
between Norwich and Koblenz

A weekend of events was organized for the delegation of officials from Koblenz to mark this significant occasion including a Civic Dinner hosted by Norwich City Council.

Grenzenlose Partnerschaften



RADIO HAMS

Our Radio Hams were so pleased to be featured on the front page and to be the lead article in the 'CQDL DARC - Das Amateurfunkmagazin' in March 2008. This was no doubt a highlight of their visit to Koblenz.

Twin Lens Exhibition

The Norwich & District Photographic Society and the Fotoclub Koblenz mounted a joint exhibition in the Forum showing thirty photographs of Norwich and Koblenz under the title

"Twin Lens, Norwich seen through the eyes of Koblenz and Koblenz seen through the eyes of Norwich".

It was a stimulating exhibition which served to enhance the 30th Anniversary celebrations.

The picture was taken in the Forum by our NNKFA and NDPS Member, Alan Taylor, and shows the then Lord Mayor of Norwich, Councillor Roy Blower with Dr Eberhard Schulte-Wissermann, Oberbürgermeister of Koblenz.



"Herzlich Willkommen" in Dragon Hall

A social gathering was organized by the NNKFA for members to bring a friend to Dragon Hall for "Kaffee und Kuchen" and to have the opportunity to see the Twin Lens Exhibition. Chris Southgate was able to borrow some display stands on which to present the Photographs.

Grateful thanks are due to Chris and Jeanne Southgate for spending Sunday morning mounting the exhibition for us.

We were very fortunate to have two members of the Excelsior Jazz Band, Phil Brook, Guitar and Pete Oxborough playing the Saxophone and Clarinet, serenading us all afternoon whilst we enjoyed the photos and Kaffee und Kuchen and Tea, too!

Many thanks to all the members who so generously made cakes for the occasion, including one specially made to mark 30 Years of City Twinning. It was a lovely afternoon and we were pleased to receive several compliments afterwards. Here are two, published with kind permission from Lotti Cooper and Judy Ball

*Dear Waltraud,
 Thank you so much again
 for a lovely, "gemütlich" afternoon
 good to see so many old
 faces.
 We both sure came to
 Christmas as our return and
 held out about and visit.
 Please again a big thank
 you for the walk or bus ride
 to Richard - much enjoyed!
 Love from us both
 Yours ever, Lotti*

*nd -
 Dear Waltraud,
 Just to say thank you to you
 and everyone involved in the event at Dragon
 Hall on Sunday afternoon.
 Daphne and I enjoyed ourselves
 immensely, chatting to all sorts of people
 and partaking of the delicious 'kuchen'
 with the kaffee.
 I'm sure it was a great success
 from your point of view.
 Thanks again. Judy*



CONGRATULATIONS

Many congratulations to **Dr Paul Ashbee**
 on the recent celebration of his 90th Birthday
 and to **Mrs Deanne Studd** on her 85th Birthday.
 Wonderful milestones to be reached and may there be many more.



Feed the Minds Book Fair

Waltraud would like to express her sincere thanks to everybody who helped with the Book Fair. It was a great success. This year's fundraising was for the 'Children for Peace in Kenya' project and so far £ 2600.00 has been sent towards this urgent cause. The left-over books are at St Gregory's Church, Pottergate, to help with their Funds.



Heinrich Heine Evening at Dragon Hall

Thanks to Jim Marriage, an excellent programme, depicting the life of Heinrich Heine, was presented at Dragon Hall on 19th June. A big **Thank You** to several other members of the NNKFA and the Norfolk and Norwich Heritage Trust who read poems and helped with the refreshments and to Mary and Bob Arnett for their enchanting presentation of songs from Robert Schumann's 'Dichterliebe'.

Sewell Barn Theatre

by Waltraud Jarrold

The NNKFA was 'born' at the Sewell Barn Theatre, the "Star of Norwich East" indeed - and for some time in need of further enhancement - and here it is in the making! "No more queues for the Loos", for Gentlemen ideal facilities in preparation. Can we contribute? Yes, we can, I am moved to proclaim - as Chair of the Sewell Barn Theatre. "Extra Enhancement Team" - **Gift Aid it** - please - if possible, 28% extra makes a lot of difference. An excellent programme for the new season is available. Take note and treat yourself to theatrical excellence in this unique and so versatile

**SEWELL BARN
THEATRE**

Information Line: 01603 418803



"Jewell".

... and not to forget.....

Our grateful thanks to Michael Salt, Chris Southgate and 'others' who contributed to the making of this Newsletter.

Dates for your Diary:

Birthday Lunch @ Park Farm - Hethersett, Sunday, 21st September 2008
Advent Evening @ The Great Hospital, **MONDAY**, 1st December 2008 (please note change of weekday)
AGM @ County Hall, 13th February **2009**

Summer Outing **2009** probably June 20th - open to suggestions (Burghley House, Lincs ?)

Proposed visit to Koblenz **2009** provisional dates Sept 24th to 29th

*And looking further forward to **2011** Koblenz BUGA (Bundesgartenschau). Here we come again.....*

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Photograph by Richard Jarrold

The Jubilate Deo Choir from Winningen and Koblenz on the steps of the City Hall, after being welcomed by the Lord Mayor, Councillor Jeremy Hooke. The Lord Mayor said that this was probably the first time a choir had sung in the Council Chamber, where the acoustic was particularly good.

They also gave very well received Concerts in Holy Trinity Church, Norwich, Cromer Church and St. Georges, Colegate. They also sang at Cringleford Church for the monthly Lutheran service, Norwich Cathedral before the Sunday morning service and Dragon Hall, and returned home with great memories of Norfolk and Norwich, helped by the best weather this summer.

Birthday Lunch at Park Farm - Hethersett

Menu for Sunday 21st September 2007

Starters

1. Soup of the Day
2. Smoked Trout Fillet on an Apple and Spring Onion Dressing topped with Endive
3. Wild Mushroom and Red Onion Tartlet with Balsamic Dressing

Main Courses

1. Roast Sirloin of Beef with Yorkshire Pudding
2. Seared Salmon on a Crab and Ginger Risotto
3. Roast Leg of Lamb with Rosemary and Blackberry Compote served with Jus
4. Spinach and Ricotta Tortellini topped with Tomato and Basil Dressing

Desserts

1. Fresh Fruit Salad
2. Syrup Sponge with Custard
3. Chocolate and Orange Torte

Coffee & Mints

Cost £20.00 p.p.

Price includes use of private room, table décor and gratuities to Staff

Reply Slip NKFA Birthday Lunch at Park Farm - Hethersett

on Sunday, 21st September 2008 @ 12:30p.m. for 1p.m.

Starter

- ° Soup
- ° Trout
- ° Mushroom

Main Course

- ° Sirloin
- ° Salmon
- ° Lamb
- ° Tortellini

Dessert

- ° Fruit Salad
- ° Syrup Sponge
- ° Choc & Orange Torte

Name:.....

Address:.....

Telephone:.....

Cost of three course meal with coffee & mints is £20.00 per person.

Please **select your choices** and return the slip and **cheque for £20.00 p.p. payable to NNKFA** to

Mrs. Christa Wood, 43 Eaton Street, Norwich, NR4 7LD

no later than 7th September 2008 please

N.B. Cheques are not cashed until 3 days before each event. No receipts will be sent.

Stop Press



News from Koblenz just in!!

"Festival of Culture", marking the end of the third European Youth Exchange hosted by the Norwich-Koblenz Freundschaftskreis at Hübingen, near Koblenz. Seventy-two young people, from 6 European countries aged between 15-23 years, gathered together for 11 days organising their own workshops.